



From basic first aid supplies to vital medical equipment like nebulisers, you can help save lives in sub-Saharan Africa

Every donation you give supports more than one life.

All the health units we support provide free healthcare to the most disadvantaged patients and together serve a combined population of over 11 million.

Contact Us

-  Inter Care Ltd, 46 The Half Croft, Syston, Leicestershire LE7 1LD
-  0116 269 5925
-  info@intercare.org.uk
-  www.intercare.org.uk

Follow Us

-  @INTERCAREMEDICALAID
 -  @ICMedAid4Africa
 -  @intercaremedicalaid
- 



"Without the free treatment, Susan would probably have died"
Susan's Grandmother, Nzama Health Centre in Malawi



Help us reduce UK medical waste



Do you have unused medical items you don't know what to do with?
Inter Care can gift these unwanted items to our partner health units in sub-Saharan Africa



Medical items you can send to Inter Care

All items, if dated, must have a minimum of **12 months** left to expiry date

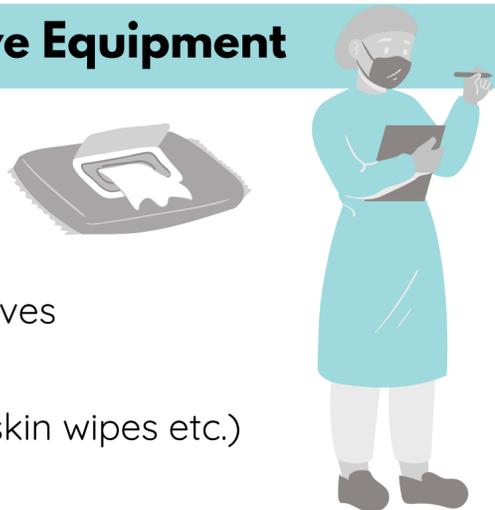
First Aid Items

- Bandages
- Dressings
- Foil blankets
- Gauze
- Plasters
- Surgical Tape
- Tourniquets



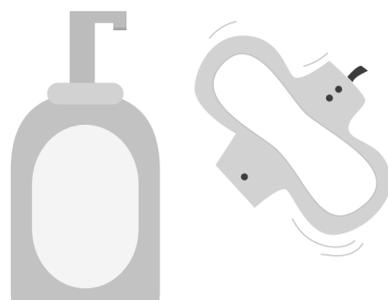
Personal Protective Equipment

- Aprons
- Disposal bags
- Facemasks/Shields
- Overshoes/Oversleeves
- Surgical gloves
- Wipes (alcohol and skin wipes etc.)



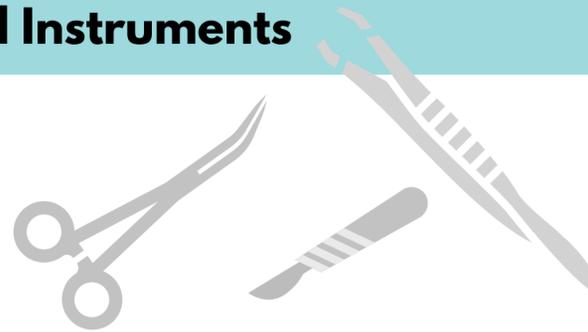
Toiletries

- Maternity/Sanitary pads
- Soap and hand wash/gel
- Toothbrushes
- Toothpaste



Small Surgical Instruments

- Scalpels
- Scissors
- Tweezers



Health Care Accessories

- Bed linen (i.e. Flat bed sheets etc.)
- Measuring cups/spoons
- Sharps bins
- Towels
- Weighing scales (adult and baby)



Medical Devices and Equipment

- Blood pressure monitors
- Catheters (including bags)
- Laboratory Equipment (e.g. Microscopes etc.)
- Nebulisers and accessories
- Pulse Oximeters
- Stethoscopes
- Syringes
- Thermometers



Medical Books

- BNF (recent editions only)
- BNF for children (recent editions only)
- MIMS (editions up to 1 year old)
- Medical Text Books



If an item is not listed or if you have any queries, please contact us on 0116 269 5925 or email at info@intercare.org.uk

More information

How to deliver your donation to Inter Care



If you have surplus medical items that we can accept, please give us a call 0116 269 5925 or email your enquiry to info@intercare.org.uk

Medical items are so scarce



Inter Care supports the poorest and most rural health centres in Ghana, Malawi, Sierra Leone, Tanzania and Zambia. They all have a lack of medical supplies due to limited funding and the inability to source what they desperately need.

How we support our partner health units



Each health unit has individual needs which we fulfill where possible. We ensure that the medical aid is appropriate and securely delivered to our partners.

How you can help us send medical items to our partners



To enable us to send medical aid to vulnerable patients in Africa, we always welcome donations. You can donate via www.intercare.org.uk or via cheque to Inter Care Ltd, 46 The Half Croft, Syston, Leicester LE7 1LD

Find out more about who we support at www.intercare.org.uk/how-to-support